

2012 Hopkins Youth Baseball Coaches Clinic

March 6 - CLINIC I - Hopkins High School Cafeteria: Intermediate Level

6:05-7:00 Correct Throwing Fundamental for the position player and potential pitcher (throwing routine)- **Pat Berger**

7:05-8:00 Infield and Outfield Defense – **Neil Lerner**

8:05-9:00 Hitting technique, approach and drills - **Pine Tar instructor (Either Jay Mikenas or Matt Mosiman)**

March 15 - CLINIC II- Hopkins High School Cafeteria: Advanced Coaching Skills and Techniques

6:05-7:00 Base running at the Little League and Babe Ruth Level- **Neil Lerner**

7:05-8:00 Proper Warming Up, Stretching, Weight-training, and arm strength development **Pat Berger**

8:05-9:00 Catching - **Todd Jahnke (Hopkins American Legion Coach, Asst Coach Concordia University)**

March 27 - CLINIC III Hopkins High School Little Theater Intermediate including Coaches PLAN (**FEATURED SESSION**)

6:05-7:00 A good LL/BR practice – **Neil Lerner**

7:05-8:00 Tips to being a successful LL/BR coach - **Lunch McKenzie (Head Coach Concordia University)**

8:05-9:00 Pitching and defense wins games – **Pat Berger**

April 10 - CLINIC IV Hopkins High School Little Theater- Basic Coaching Skills and Techniquers

6:05-7:00 Basic hitting technique – **Neil Lerner**

7:05-8:00 Basic throwing (pitching) fundamentals – **Pat Berger**

8:05-9:00 Skills that young kids should know - **Kevin Athmann (Hopkins Baseball Coach)**

April 15 - CLINIC V Hopkins High School Room W230 - Q and A

2:15-3:15 Coaching 101 - **Neil & Pat**

3:30-4:30 Q and A - **Neil & Pat**